

16 July, 2026

LGBTQ+ explained



Using these picture clues, what do you think the term **sexual orientation** might mean?

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LGBTQ+ explained

Sexual Orientation is a spectrum that describes who a person is attracted to. It can vary over time.



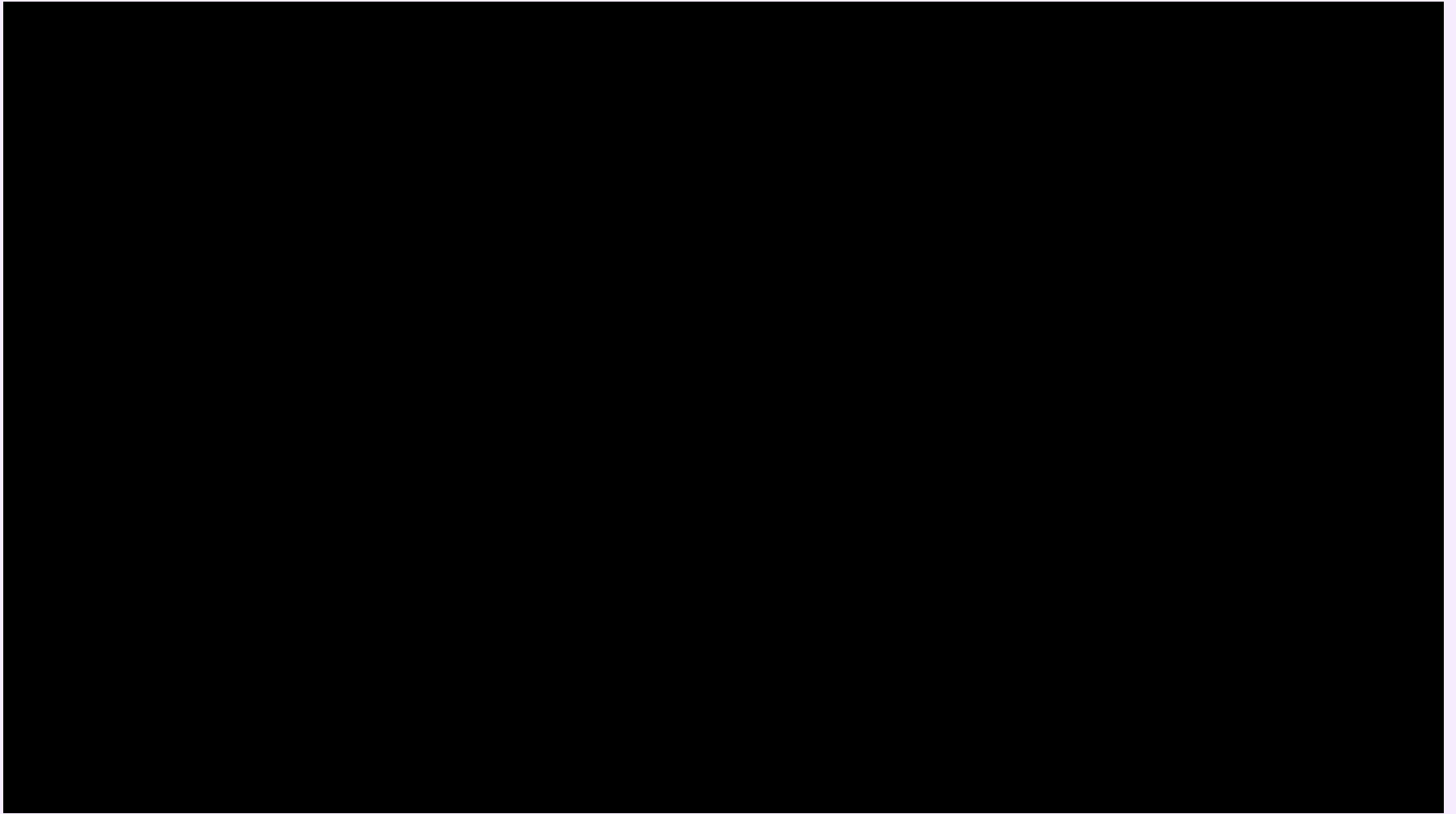
Aims for the lesson:

 understand why LGBT+ equality matters

 **learn basic LGBT+ terminology and issues**

 feel empowered to act in support of LGBT+ equality





Sexual Orientation is a spectrum and describes who a person is attracted to. It can vary over time.

**Key Task: Do you agree
with the statement:
'Masculine and feminine
roles are not biologically
fixed, but are socially
constructed'**

At the end of the lesson
this will be our main
written task



Structured Talk Instructions:

1. Read and consider the above.
2. Discuss with a neighbour, ensuring you both participate.
3. No hands for feeding back, random name picker will choose you.



**Heterosexual/
straight**

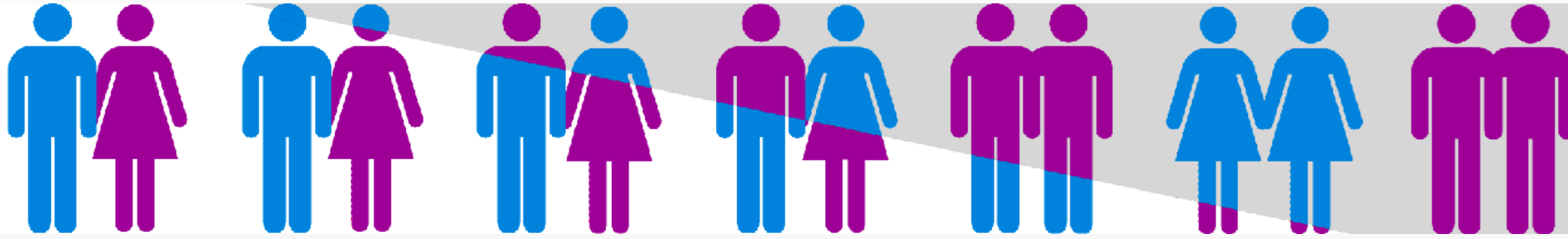
bisexual

**Homosexual/
lesbian**

**Homosexual/
gay**

**See how many of the four terms shown
under the figures above you can explain.**





**Heterosexual/
straight**

attracted to
the
opposite
gender

bisexual

attracted to
more than
one gender

**Homosexual/
lesbian**

attracted to
the same
female
gender

**Homosexual/
gay**

attracted to
the same
male gender

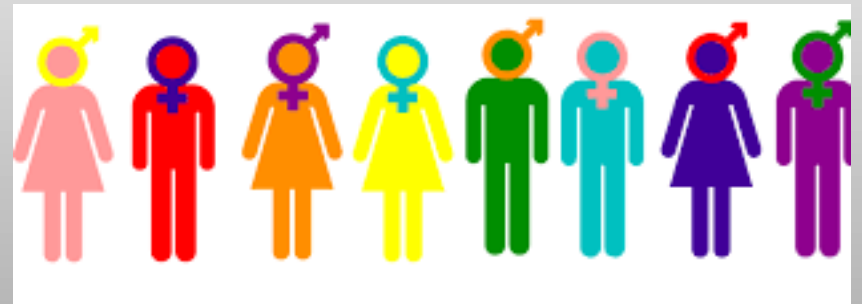
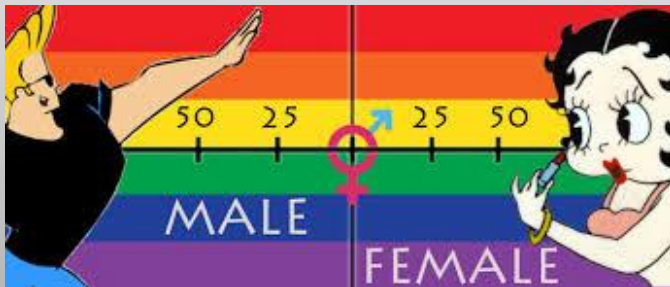
Now add, correct, or improve your definitions





What does the word **gender** mean? does it have more than one meaning?
discuss with a partner what you already know?

Prepare to feedback to the class



Instructions: after watching the film discuss with a partner how the term gender was applied during the film; how many examples of its' use can you recall? Prepare to feedback to the class



Sex

Biological differences:

- Chromosomes 
- Genes  V
- Hormones  

Next add a definition of Biological Sex.

Biological sex:

...is defined as your anatomy, genetics and hormones.
Assigned at birth based on these factors.



male



intersex



female



Gender

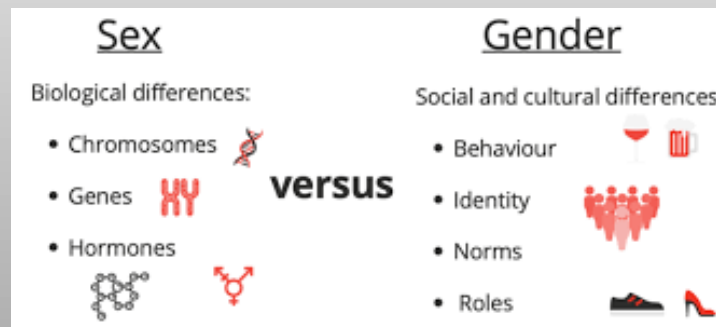
...but your **biological sex** is different to the social context for **gender** which is the social, cultural behaviours and roles which are taken as normal

gender is made up of two aspects:

- **gender identity**
- **gender expression**

gender and **sex** are different things to **sexuality** (attraction)

Next add a definition of Gender.





GENDER IDENTITY

A person's internal sense of their gender. Unlike gender expression, gender identity is not visible to others.

Gender Identity

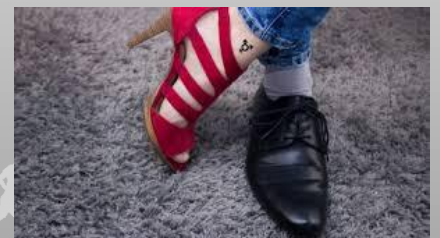
A deep-seated sense of being male, female, neither, or a combination.



Gender Expression



The way you choose to present your gender to the outside world, through factors such as clothing, behaviour, or hairstyle.



Retrieval task:

‘As puberty begins, some teenagers may realise that their gender identity is different from their assigned sex at birth. How might this affect people as they grow up?’



Structured Talk Instructions:

1. Read and consider the above.
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cisgender

People who identify with the sex they were assigned at birth



transgender

People who don't identify with the biological sex they were assigned at birth



non-binary

People who don't identify as either a man or woman



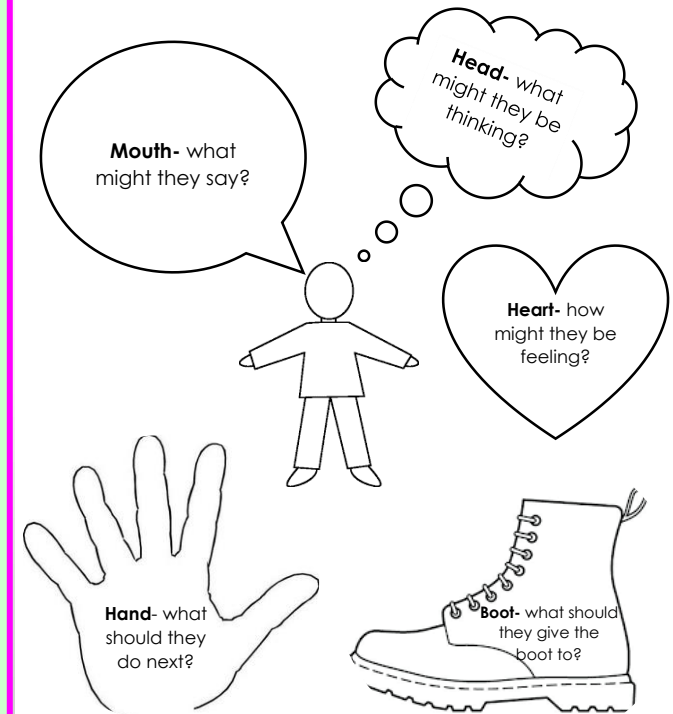
Key Task: Do you agree with the statement 'Masculine and feminine roles are not biologically fixed, but are socially constructed'

Some people may feel there is a conflict between the sex they are born with and how they see themselves.

The key issues might be...

Community is one of our core values and so we need to treat all members of our community with tolerance and respect. This means...

My view on this statement is...
Because...



Instructions:

Copy and complete, or write in your own words, the answer to the question above.

Take a Risk activity: share your ideas with the class

In Britain we have four core British Values which include the importance of tolerance and respect.

At Lady Manners School, we also pride ourselves in inclusiveness.

Pride itself means being aware of the importance of other's dignity.



Task: Design a flag to represent the Lady Manners School view on the importance of tolerance, respect, pride and community.

