

Introduction to substances: what are drugs?

New Vocabulary: substances, medicinal drugs, social drugs , illegal drugs



Categorise and name some of the risks associated with taking drugs, both legal and illegal?



Why do people use/take 'drugs'?



What is the difference between social, illegal and medicinal drugs?



Instructions:

1) Write the title and date and underline with a ruler.

What do we mean by the word 'substance'?



See if you can come up with a definition with your partner on your white board.



1. Discuss with a partner what you think the word 'substance' means?
2. What other words for the word 'substances' can you and your partner think of? Write them down

**ILLEGAL
DRUGS**



Introduction to substances: what are drugs?

Substance:

Any chemical which has an effect on your mind or body; commonly known as drugs.

**Please copy this definition
into your book!**



Naming drugs

Who can make the **longest list of substances** that are described as drugs in 1 minute?



**How far do you
agree with...
'drugs are really
bad for you'?**



Instructions:

- 1) Think for 30 seconds
- 2) Discuss the question with your partner for 60 seconds
- 3) Share your ideas when your teacher asks you what you decided
- 4) Your teacher will circulate to check that your talk is structured

Looking at your list, how might you **group** the different drugs?



Don't forget to include substances like **alcohol**, **nicotine** (found in cigarettes and vapes) and even **caffeine**. – these can be classed as social drugs.

1. Work with a partner to sort your list of drugs into groups.
2. Why might you group them like this?
3. What title would you give these groups?
4. Prepare to feedback to the class

Defining drugs

A) Medicinal drugs

1) Drugs given to cure, treat, or prevent disease

B) Social substances

2) Drugs that are forbidden by law

C) Illegal drugs

3) Drugs taken to provide pleasure

Use your whiteboard to match A, B, C to 1, 2, 3.



Defining substances

1. Copy the subtitle into your exercise book.
2. Write the definition for each.

Medicinal
drugs

Drugs given to cure,
treat, or prevent disease



Social
substances

Drugs taken to provide
pleasure



Illegal
drugs

Drugs that are forbidden
by law



Finished? Give one example for each and then start to think about ' Why do people use substances?'

1. It is normal at home

2. Dared to do it

3. Boredom

4. Fun/socialise

5. Mental health

6. Physical pain

7. Curiosity

8. It's become a habit

9. Peer pressure



The number 1 reason people use drugs

Joint second reason

Joint second reasons

These 3 are not as likely reasons why people try drugs

These 3 are not as likely reasons why people try drugs

These 3 are not as likely reasons why people try drugs

The least likely reason why people try drugs

The least likely reason why people try drugs

We didn't understand what this meant

1. Read each of the reasons young people may try drugs, then decide which are **more likely reasons to least likely**.
2. Arrange them in a diamond pattern
3. When finished, **explain in your books what was the top reason and WHY and what was your least likely reason – WHY?**
4. **What other reasons may people take drugs?**

Using medicines safely

Write notes on a whiteboard for how people can **'Use medicines safely'**.



'I know I should never take any medicine that isn't meant for me'



'I know medicine can be dangerous if you take the wrong amount. It tells you on the label how much to take'



Always use medicines safely!

'I only take medicines when a grown up I trust gives them to me'



The medicines
industry supporting
science education

'I know medicines are NOT sweets and that they can be harmful'



'I know it is important to store medicines out of reach of younger children'



Turn your
information
into a
poster!

Where to seek further information/help



<https://www.safekids.org/tip/medication-safety-tips>

Breakout



Address

Space @ Connexions, Curzon
House, 8 Curzon Street, Derby,
Derbyshire, DE1 1LL

[View on Google Maps](#)

Opening times

Breakout can see you at
Connexions or places in your
local area such as youth
centres, schools or at home
and we offer flexible times to
suit you.

About this service

Breakout is a specialist young person's substance misuse
service covering Derby City offering confidential treatment and
support for young people under 18 years of age. We can offer 1
to 1 appointments at a time and place that is suitable and safe
for you.

PAPYRUS
National Child Protection Helpline
0800 050 0500
papyrus.org.uk

ChildLine
0800 1111
childline.org.uk

NSPCC
HELPLINE
0800 300 5000
nspcc.org.uk

SupportLine
0800 111 111
supportline.org.uk

TALK TO US
0800 111 111
talktous.org.uk

Help!

Where can you get help?

HOME

Try talking to your parents.
If you feel that you cannot
talk to them consider
talking to another family
member or a good friend.

MEDICAL

Ms Harman is trained to help
with a wide range of young
people's problems. You can talk
to Ms Harman in confidence.
Drop in to see her in Medical.

SCHOOL COUNSELLOR

If you feel you need to talk
to a counsellor, please see
your Head of Year.

SCHOOL

Friends, Form Tutors,
Subject Teachers, Pastoral
Support Assistants, Year
Tutors or any member of
staff who you feel
comfortable talking to.

DOCTOR

Make an
appointment
with your GP.

We're all here to help

Progress review

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Have a go at answering one of the progress questions above in your book!

