

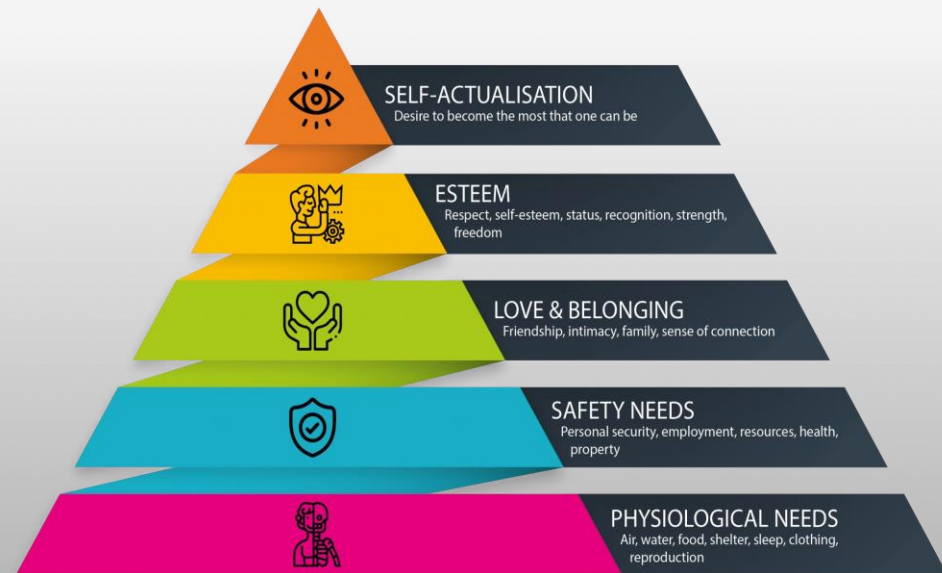
Healthy Relationships- seeking consent 16/07/2026

Instructions for Every Lesson:

1. Get your equipment out and write the title and date
2. Underline both with a ruler
3. Silently start working on the task below without having to be asked
4. If you have completed all of the above to a good standard, you deserve a house point for self-regulated learning



Under your heading, list any words you would associate with a **positive, healthy relationship**





Instructions:

1: write the subheading '**synonyms**' and list other words that are interchangeable with the word consent. For example: agree or approve

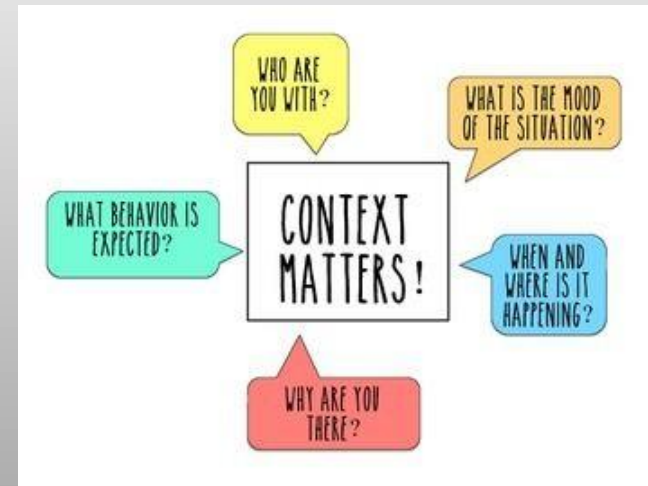




Instructions:

1: write the subheading '**synonyms**' and list other words that are interchangeable with the word consent.

2. Write the subheading '**behaviours**' then list ways you would visibly know someone was consenting to something. For example a thumbs-up.



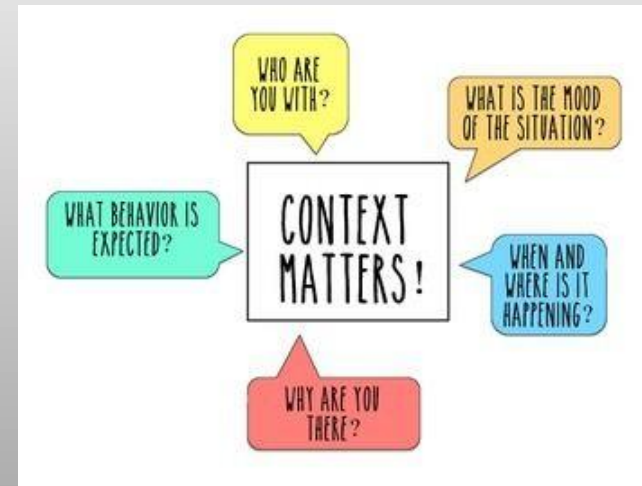


Instructions:

1: write the subheading '**synonyms**' and list other words that are interchangeable with the word consent.

2. Write the subheading '**behaviours**' then list ways you would visibly know someone was consenting to something.

3. Write the subheading '**context**' and write a list of occasions, times, or places where 'consent' must be sought e.g. going on a school trip



DIFFERENT WAYS TO SAY

OK



approved	green light	
correct	agree to	okeydokey
surely	give the nod to	right
satisfactory	go ahead	sure
acceptable	endorse	alright
tolerable	authorize	of course
passable	certify	no problem

Synonyms

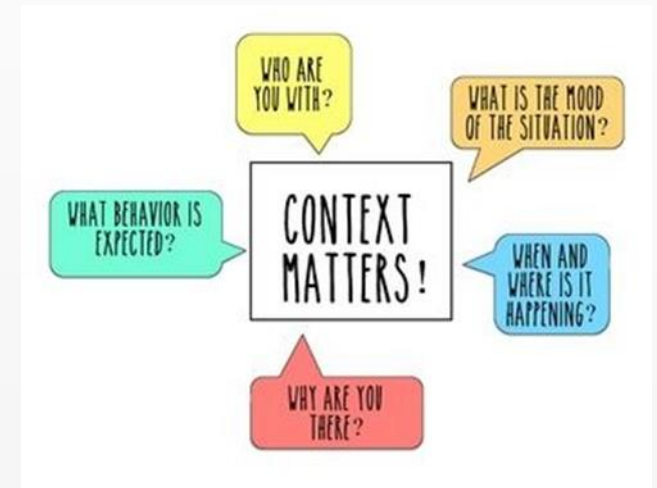
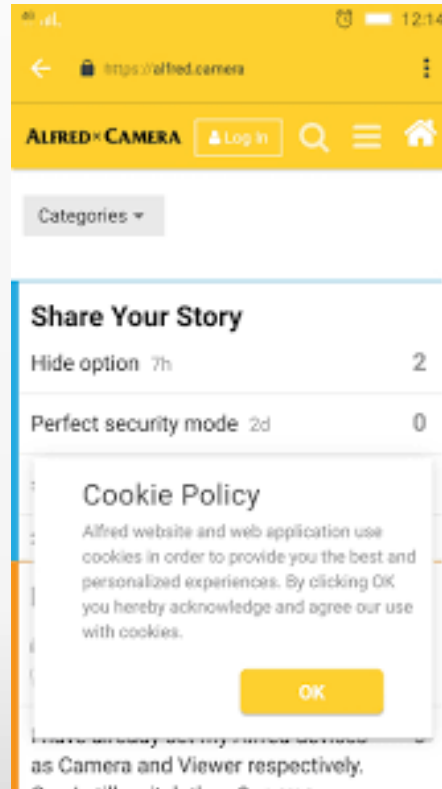
Words that can be used interchangeably



adequate	notarize	certainly
fine	accept	yep
good	accredit	seal of
not bad	confirm	approval
up to scratch	pass	assent
permitted	yes	rubber-stamp
accurate	give one's	go!
	consent	







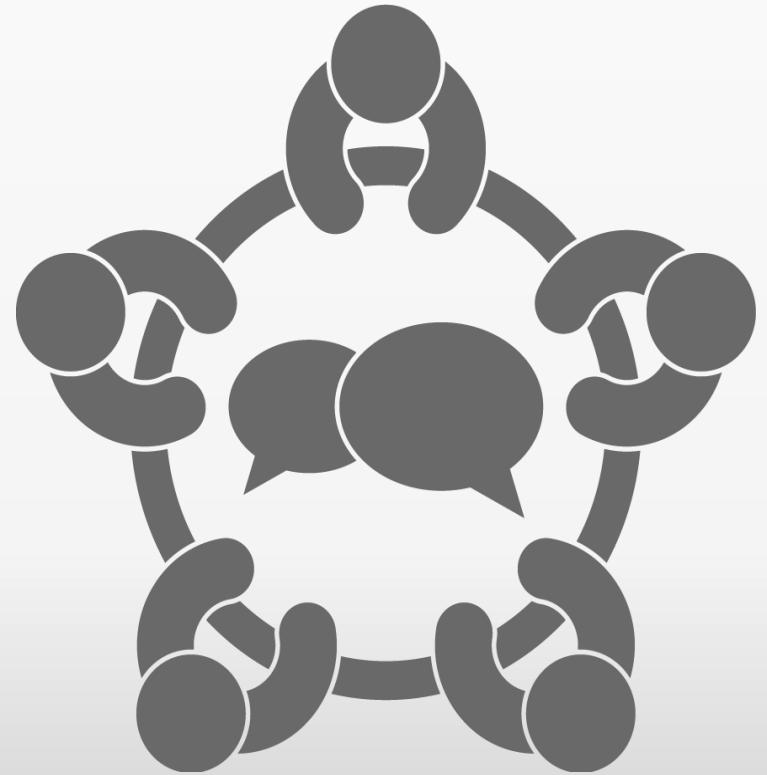
Pets and consent

- How do you know your pet wants to be petted?
- **What noises do they make when they want petting?**
- What is their body language like?
- **How do you know HOW to pet them?**
- What signals do they give to stop or change how you are petting them?



When you were visiting a park when you were little, how did you know if you should or could make a fuss of a dog you met?

What were you taught to do?



Structured Talk Instructions:

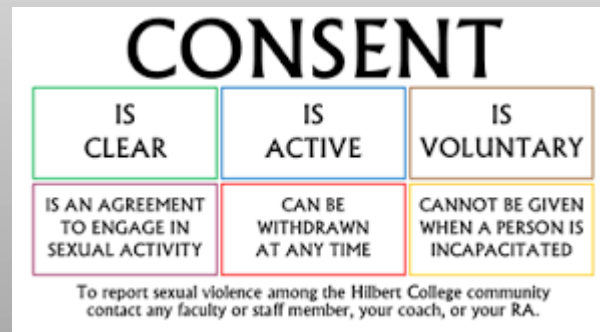
1. Read and consider the above question so that you can participate.
2. Discuss on your table, ensuring everyone contributes and can answer.
3. No hands for feeding back (if you can't answer it's an 'Off Task' negative).

Definition check- copy the definition into your exercise books:

Consent involves a person having the freedom and capacity to agree to intimate touch or activity:

‘Freedom’ means a person’s ability to say yes or no of their own free will (and this being respected).

‘Capacity’ means a person understanding that they have choices, being able to make and communicate decisions and understanding consequences



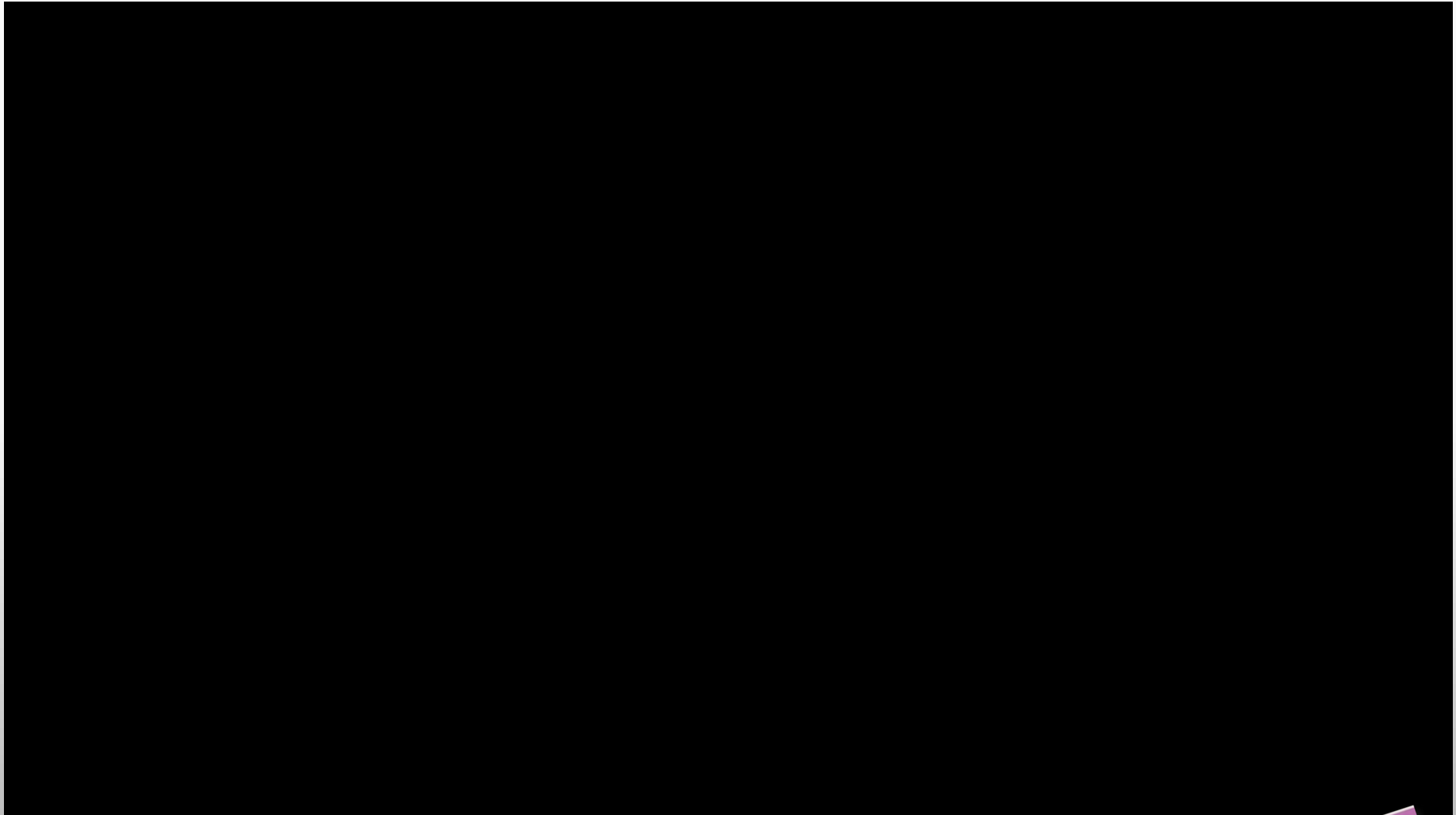


Here are some examples of when consent cannot be given:

- If someone is under the influence of drugs or alcohol
- **If someone is being coerced, manipulated, intimidated or threatened**
- If someone is unconscious or asleep
- **Consent isn't fixed – a person has a right to change their mind at any time.**
- Capacity to consent may also be affected by learning disabilities, mental health problems and head injuries.
- **Anyone under the age of 13 cannot legally consent.**



Instructions: copy and complete the following sentence starter: **In a healthy relationship consent looks like...**



Consent advice-

What would you advise a friend to do if someone was pressurising them into an intimate act they did not want to do?

‘If you loved me you would...’

‘All our friends are doing it...’

‘If you don’t, I will tell everyone you did it anyway...’

Instructions: choose one of the above scenarios , explain what advice would you give your friend, remember to copy out the scenario before writing your response- use full sentences.



CONSENT

for

KIDS



Final Task: Progress Review



1. Consent means...
2. Examples of how to communicate wants and needs in a positive and healthy relationship are...
3. I would know consent has been given because...
4. Consent must be given freely, which means...
5. Examples of when consent cannot be given includes...

Instructions: Copy and complete the sentence starters in your exercise books

