

Lady Manners Menu 2024/25 Week 1 - W/C 23rd Sept; 21st Oct; 25th Nov; 6th Jan; 3rd Feb; 10th March; 21st April; 19th May; 23rd June; 21st July

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Organic Beef Meatballs Vegan Meatballs Serve with Spaghetti, Mediterranean sauce and Seasonal vegetables GF	Cottage Pie Quorn Cottage Pie Served with Seasonal vegetables GF	Roast Chicken Breast with stuffing & Roast potato Crumb top Veggie Bake Mashed Potato Seasonal vegetables GF Yorkshire pudding	Chicken Tikka Chicken Korma Veggie & Chick Pea Tikka Rice GF Naan Bread Seasonal vegetables GF	Baked breaded Cod Fishfingers Chips GF Peas GF Curry Sauce
Light Bites	100% Beef Burger Chargrilled Chicken GF Vegetable Burger With or without a bun Chips GF Baked Beans GF Salad GF Jacket Potatoes GF Sandwiches Selection of Salads GF	Paninis – Various fillings (see notices in kitchens) Pasta Pots – Meat or Veggie sauce (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Sweet Chilli Chicken in a wrap with Salad Quorn Dippers in a wrap with salad Jacket Potatoes GF Sandwiches Selection of Salads GF	Tuna Pasta Bake Tomato & Basil Pasta Paninis Various fillings (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Steak Slice Sausage Roll Beef & Veg Pasty Chicken & Mushroom Slice Cheese & Onion Slice GF Sausage GF Jacket Potatoes GF Sandwiches Selection of Salads GF
Desserts	Choc & Orange Cookie Strawberry Muffin Jam & Coconut Sponge Custard Selection of Fresh Fruit	Raisin & Oat Cookie Chocolate Crunch Chocolate Crunch Chocolate Sauce Selection of Fresh Fruit	Shortbread Slice Lemon Muffin Cornflake Tart Custard Selection of Fresh Fruit	Rosalie Biscuit Banana Flapjack Berry Sponge Custard Selection of Fresh Fruit	Cornflake Cookie Chocolate Cracknel Fruit Crumble Custard Selection of Fresh Fruit
Morning Break	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit
Gluten Free	Chargrilled Chicken Jacket Potatoes GF Biscuits/Flapjack	GF Pasta available Jacket Potatoes GF Biscuits/Flapjack	Roast without gravy GF Gravy available GF Biscuits/Flapjack	All Curries Jacket Potatoes GF Biscuits/Flapjack	GF Sausage available Jacket Potatoes GF Biscuits/Flapjack

Lady Manners Menu 2024/25 Week 2 – 30th Sept; 5th Nov; 2nd Dec; 13th Jan; 10th Feb; 17th March; 28th April; 2nd June; 30th June

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Macaroni Cheese Served with Seasonal Vegetables	Chicken & Black Bean sauce Chicken Sweet & Sour Veggie Sweet & Sour Rice or Noodles Seasonal Vegetables	Roast Beef & Yorkshire Mashed Potato Seasonal vegetables Yorkshire pudding	Big Breakfast Veggie Big Breakfast Served with Hash Browns GF Baked Beans GF Tomatoes GF	Baked breaded Cod Fishfingers Chips GF Peas GF Curry Sauce
Light Bites	100% Beef Burger Chargrilled Chicken GF Vegetable Burger With or without a bun Chips GF Baked Beans GF Salad GF Jacket Potatoes GF Sandwiches Selection of Salads GF	Paninis – Various fillings (see notices in kitchens) Pasta Pots – Meat or Veggie sauce (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Sweet Chilli Chicken in a wrap with Salad Quorn Dippers in a wrap with salad Jacket Potatoes GF Sandwiches Selection of Salads GF	Tuna Pasta Bake Tomato & Basil Pasta Paninis Various fillings (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Steak Slice Sausage Roll Beef & Veg Pasty Chicken & Mushroom Slice Cheese & Onion Slice Jacket Potatoes GF Sandwiches Selection of Salads GF
Desserts	Apricot & Oat Cookie Chocolate Brownie Sticky Apple Sponge Custard Selection of Fresh Fruit	Lemon Shortbread Chocolate Cracknel Chocolate Crunch Chocolate Sauce Selection of Fresh Fruit	Cherry Coconut Cookie Berry Muffin Gainsborough Tart Custard Selection of Fresh Fruit	Rosalie Biscuit Cornflake Flapjack Syrup Sponge Custard Selection of Fresh Fruit	Chocolate Cookie Carrot Cake Fruit Crumble Custard Selection of Fresh Fruit
Morning Break	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit
Gluten Free	Chargrilled Chicken Jacket Potatoes Biscuits/Flapjack	GF Pasta available All Sweet & Sour Biscuits/Flapjack	Roast without gravy GF gravy available GF Biscuits/Flapjack	All of Breakfast except sausage GF Biscuits/Flapjack	GF Sausage available Jacket Potatoes GF Biscuits/Flapjack

Lady Manners Menu 2024/25 Week 3 – W/C 9th Sept; 7th Oct; 11th Nov; 9th Dec; 20th Jan; 24th Feb; 24th March; 5th May; 9th June; 7th July

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Beef Lasagne Veggie Lasagne Served with Seasonal Vegetables	Hunters Chicken GF Hunters Quorn Steak Served with Rice & Seasonal Vegetables	Yorkshire Pudding with Sausage & Onion Gravy Or Beef Casserole Veggie Sausage and GF Sausage also available Mashed Potato Seasonal Vegetables	Chicken Enchiladas Quorn Enchiladas Beef or Quorn Tacos Served with Potato Wedges GF Coleslaw GF Rice GF	Baked breaded Cod Fishfingers Chips GF Peas GF Curry Sauce
Light Bites	100% Beef Burger Chargrilled Chicken GF Vegetable Burger With or without a bun Chips GF Baked Beans GF Salad GF Jacket Potatoes GF Sandwiches Selection of Salads GF	Paninis – Various fillings (see notices in kitchens) Pasta Pots – Meat or Veggie sauce (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Sweet Chilli Chicken in a wrap with Salad Quorn Dippers in a wrap with salad Jacket Potatoes GF Sandwiches Selection of Salads GF	Tuna Pasta Bake Tomato & Basil Pasta Paninis Various fillings (see notices in kitchens) Salad Jacket Potatoes GF Sandwiches Selection of Salads GF	Steak Slice Sausage Roll Beef & Veg Pasty Chicken & Mushroom Slice Cheese & Onion Slice Jacket Potatoes GF Sandwiches Selection of Salads GF
Desserts	Chocolate Chilled Vanilla Cupcakes Jam Sponge Custard Selection of Fresh Fruit	Vanilla Custard Cookie Chocolate Muffins Chocolate Crunch Chocolate Sauce Selection of Fresh Fruit	Chocolate Brownie Fruit Scones Cornflake Tart Custard Selection of Fresh Fruit	Shortbread Slice Iced Finger Buns Syrup Sponge Custard Selection of Fresh Fruit	Rosalie Biscuit Blueberry Muffin Fruit Crumble Custard Selection of Fresh Fruit
Morning Break	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit
Gluten Free	Chargrilled Chicken Jacket Potatoes GF Biscuits/Flapjack	GF Pasta available Hunters Chicken GF Biscuits/Flapjack	Roast without gravy GF Gravy available GF Biscuits/Flapjack	Jacket Potatoes GF Pasta available GF Biscuits/Flapjack	GF Sausage available Jacket Potatoes GF Biscuits/Flapjack

Lady Manners Menu 2024/25 Week 4 – W/C 16th Sept; 14th Oct; 18th Nov; 16th Dec; 27th Jan; 3rd March; 31st March; 12th May; 16th June; 14th July

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Spaghetti Bolognese Quorn Bolognese Garlic Bread Seasonal Vegetables	Meat & Potato Pie Mashed Potato Seasonal Vegetables	Roast Turkey & Stuffing Quorn Fillet & Stuffing Mashed Potato Seasonal Vegetables	Margherita Pizza Pepperoni Pizza Ham Pizza Sweetcorn GF Potato Wedges GF	Baked breaded Cod Fishfingers Chips GF Peas GF Curry Sauce
Light Bites	100% Beef Burger Chargrilled Chicken GF Vegetable Burger With or without a bun Chips GF Baked Beans GF Salad GF Jacket Potatoes GF Sandwiches Selection of Salads GF	Paninis – Various fillings (see notices in kitchens) Pasta Pots – Meat or Veggie sauce (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Sweet Chilli Chicken in a wrap with Salad Quorn Dippers in a wrap with salad Jacket Potatoes GF Sandwiches Selection of Salads GF	Tuna Pasta Bake Tomato & Basil Pasta Paninis Various fillings (see notices in kitchens) Jacket Potatoes GF Sandwiches Selection of Salads GF	Steak Slice Sausage Roll Beef & Veg Pasty Chicken & Mushroom Slice Cheese & Onion Slice Jacket Potatoes GF Sandwiches Selection of Salads GF
Desserts	Rosalie Biscuit Carrot cake Muffin Marble Sponge Custard Selection of Fresh Fruit	Chocolate Cookie Cornflake Flapjack Chocolate Crunch Chocolate Sauce Selection of Fresh Fruit	Raisin Oat Cookie Chocolate Cracknel Cornflake Tart Custard Selection of Fresh Fruit	Cherry Cookie Banana Muffin Chocolate Sponge Chocolate Sauce Selection of Fresh Fruit	Plain Cracknel Iced Finger Buns Fruit Crumble Custard Selection of Fresh Fruit
Morning Break	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit	Buttered Toast Selection of Fresh Fruit
Gluten Free	Chargrilled Chicken Jacket Potatoes GF Biscuits/Flapjack	GF Pasta available Jacket Potatoes GF Biscuits/Flapjack	Roast without gravy GF gravy available GF Biscuits/Flapjack	GF Pizza available Jacket Potatoes GF Biscuits/Flapjack	GF Sausage available Jacket Potatoes GF Biscuits/Flapjack