MONDAY	Lunch Menu		
Week:	Week 1 (18 <sup>th</sup> Dec, 22 <sup>nd</sup> Jan, 12 <sup>th</sup> Feb, 11 <sup>th</sup> March)	<b>Week 2</b> (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> March)	Week 3 (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> March, 25 <sup>th</sup> March)
Morning Break:	Buttered Toast or Fruit	Buttered Toast or Fruit	Buttered Toast or Fruit
Hot Meals	<ul> <li>Burger in a Bun</li> <li>Organic Beef</li> <li>Chicken Fillet</li> <li>Vegetable V</li> <li>Served with Chips, Baked Beans, Salad</li> <li>Organic Beef Meatballs</li> <li>Vegan Meatballs</li> <li>Served with Pasta, Tomato sauce, Garlic</li> <li>Dough Balls, seasonal vegetables</li> </ul>	<ul> <li>Burger in a Bun</li> <li>Organic Beef</li> <li>Chicken Fillet</li> <li>Vegetable V</li> <li>Served with Chips, Baked Beans, Salad Macaroni Cheese</li> <li>Served with seasonal vegetables</li> </ul>	<ul> <li>Burger in a Bun</li> <li>Organic Beef</li> <li>Chicken Fillet</li> <li>Vegetable V</li> <li>Served with Chips, Baked Beans, Salad Chilli Beef Tacos</li> <li>Vegetarian Tacos</li> <li>Served with Spicy Rice and Zingy Slaw</li> </ul>
Gluten Free:	Beef Burger GF Please order GF bread in advance	Beef Burger GF Please order GF bread in advance	Beef Burger GF Please order GF bread in advance
Light Bites:	Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo  Sandwiches with a range of fillings	Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo  Sandwiches with a range of fillings	Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo  Sandwiches with a range of fillings
Desserts:	Chocolate Orange Cookie Strawberry Muffin Jam & Coconut Sponge Custard	Apricot Oat Cookie Chocolate Brownie Sticky Apple Sponge Custard	Cookie Carrot Cake Muffin Apple & Cinnamon Crumble Custard

# TUESDAY



Week:	Week 1 (18 <sup>th</sup> Dec, 22 <sup>nd</sup> Jan, 12 <sup>th</sup> Feb, 11 <sup>th</sup> March)	<b>Week 2</b> (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> March)	Week 3 (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> March, 25 <sup>th</sup> March)
Morning Break:	Buttered Toast or Fruit	Buttered Toast or Fruit	Buttered Toast or Fruit
Hot Meals:	Cottage Pie Quorn Cottage Pie V Served with Seasonal Vegetables  Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico V or Tangy Tomato V or Margherita V	Chicken Enchiladas Quorn Enchiladas V Served with Potato Wedges, Coleslaw & Salad  Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico V or Tangy Tomato V or Margherita	Chicken & Mushroom Pie  Served with Seasonal Vegetables  Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico V or Tangy Tomato V or Margherita
Gluten Free:	GF Pasta sauce (highlighted) GF Pasta is available – please ask	GF Pasta sauce (highlighted) GF Pasta is available – please ask	GF Pasta sauce (highlighted) GF Pasta is available – please ask
Light Bites:	Panini with  • Ham & Cheese  • Tuna & Cheese  • Chicken Tikka  • Cheese V  Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops	Panini with  • Ham & Cheese  • Tuna & Cheese  • Chicken Tikka  • Cheese V  Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops	Panini with  • Ham & Cheese  • Tuna & Cheese  • Chicken Tikka  • Cheese V  Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops
Desserts:	Raisin & Oat Cookie Chocolate Crunch biscuit Cornflake Tart	Lemon Shortbread Slice Chocolate Cracknel Fruit Yoghurt Crunch Chocolate Sauce	Chocolate Orange Cookie Apple Flapjack Strawberry Sponge Custard

## WEDNESDAY



MEDNE2DA I	Lunch Menu		
Week:	Week 1 (18 <sup>th</sup> Dec, 22 <sup>nd</sup> Jan, 12 <sup>th</sup> Feb, 11 <sup>th</sup> March)	<b>Week 2</b> (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> March)	<b>Week 3</b> (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> March, 25 <sup>th</sup> March)
Morning Break:	Buttered Toast or Fruit	Buttered Toast or Fruit	Buttered Toast or Fruit
Hot Meals:	Roast Chicken Breast Crumb topped Veggie Bake V  Served with Stuffing, Creamed Potatoes, Seasonal Vegetables and Gravy	Roast Beef Baked Egg, Spinach & Cheddar Tart  V Served with Yorkshire Pudding, Creamed Potatoes, Vegetables & Gravy	Roast Turkey Roasted Quorn Fillet V  Served with Stuffing, Creamed Potatoes, Vegetables & Gravy
Gluten Free:	Roast Chicken, Vegetables, Jacket Potatoes, Fruit GF	Roast Beef, Vegetables, Jacket Potatoes, Fruit <b>GF</b>	Roast Turkey, Vegetables, Jacket Potatoes, Fruit <b>GF</b>
Light Bites:	<ul> <li>Wrap with <ul> <li>Sweet Chilli Chicken</li> <li>Quorn Dippers V</li> </ul> </li> <li>Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops</li> <li>Sandwiches with a range of fillings</li> </ul>	<ul> <li>Wrap with         <ul> <li>Sweet Chilli Chicken</li> <li>Quorn Dippers V</li> </ul> </li> <li>Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops</li> <li>Sandwiches with a range of fillings</li> </ul>	<ul> <li>Wrap with <ul> <li>Sweet Chilli Chicken</li> <li>Quorn Dippers V</li> </ul> </li> <li>Jacket Potato with Cheese or Baked Beans or Tuna Mayoor Spaghetti Hoops</li> <li>Sandwiches with a range of fillings</li> </ul>
Desserts:	Shortbread Slice Lemon Muffin Summer Fruit Crumble Custard	Cherry & Coconut Cookie Berry Muffin Syrup Sponge Custard	Raisin Oat Cookie Chocolate Cracknel Berry Shortbread Sandwich Custard

# THURSDAY



Week:	Week 1 (18 <sup>th</sup> Dec, 22 <sup>nd</sup> Jan, 12 <sup>th</sup> Feb, 11 <sup>th</sup> March)	Week 2 (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> March)	Week 3 (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> March, 25 <sup>th</sup> March)
Morning Break:	Buttered Toast or Fruit	Buttered Toast or Fruit	Buttered Toast or Fruit
Hot Meals:	Curry  Chicken Korma or Chicken Tikka or Vegetable Tikka V Served with Rice, Vegetables & Naan Bread  Tuna Pasta Bake Tomato and Basil Pasta V	Big Breakfast Veggie Breakfast V (Bacon, Sausage, Hash Browns, Beans, Tinned Tomatoes)  Tuna Pasta Bake Tomato and Basil Pasta V	Pizzas Ham & Pineapple, Pepperoni, Margherita V  Served with Sweetcorn & Beans  Tuna Pasta Bake Tomato and Basil Pasta V
Gluten Free:	GF All Curries, Rice, Vegetables	GF Breakfast with GF sausage	GF Pizza with GF base
Light Bites:	Panini with filling  • Ham & Cheese  • Tuna & Cheese  • Chicken Tikka  • Cheese V  Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti	Panini with filling     Ham& Cheese     Tuna & Cheese     Chicken Tikka     Cheese  Jacket Potato with Cheese or Baked Beans or Tuna Mayo or	Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops  Sandwiches with a range of fillings
	Sandwiches with a range of fillings	Spaghetti Hoops  Sandwiches with a range of fillings	
Desserts:	Cookie Banana Flapjack Berry Sponge Custard	Cookie Cornflake Bar Chocolate Pear Cake	Shortbread Slice Banana Muffin Sticky Chocolate Sponge

# FRIDAY



Week:	Week 1 (18th Dec, 22nd Jan, 12th Feb, 11th March)	<b>Week 2</b> (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> March)	<b>Week 3</b> (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> March, 25 <sup>th</sup> March)
Morning Break:	Buttered Toast or Fruit	Buttered Toast or Fruit	Buttered Toast or Fruit
Hot Meals:	Breaded Fish Fishfingers Salmon Fishcakes Quorn Dippers Served with: Chips, Peas, Beans  Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll Ve	Breaded Fish Fishfingers Salmon Fishcakes Quorn Dippers V Served with: Chips, Peas, Beans  Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll Ve	Breaded Fish Fishfingers Salmon Fishcakes Quorn Dippers Served with: Chips, Peas, Carrots  Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll Ve
Gluten Free:	GF Sausages, Chips, Beans	GF Sausages, Chips, Beans	GF Sausages
Light Bites:	Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops  Sandwiches with a range of fillings	Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops  Sandwiches with a range of fillings	Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops  Sandwiches with a range of fillings
Desserts:	Cornflake Cookie Chocolate Cracknel Rhubarb Cobbler Custard	Chocolate Cookies Flapjack Lemon Sponge Custard	Chocolate Cookie Flapjack Lemon Sponge Custard