




| MONDAY | Lunch Menu | | |
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| Week: | Week 1 (17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct) | Week 2 (24 April, 15 May, 12 June, 3 July, 4 Sept, 25 Sept, 16 Oct) | Week 3 (1 May, 22 May, 19 June, 10 July, 11 Sept, 2 Oct) |
| Morning Break: | Buttered Toast or Fruit | Buttered Toast or Fruit | Buttered Toast or Fruit |
| Hot Meals | Burger in a Bun <ul style="list-style-type: none">• Organic Beef• Chicken Fillet• Vegetable V With Chips or Baked Beans or Salad Organic Beef Meatballs Vegan Meatballs With Pasta, Mediterranean sauce and Seasonal Vegetables | Burger in a Bun <ul style="list-style-type: none">• Organic Beef• Chicken Fillet• Vegetable V With Chips, Baked Beans or Salad Macaroni Cheese With Seasonal Vegetables | Burger in a Bun <ul style="list-style-type: none">• Organic Beef• Chicken Fillet• Vegetable V Served with Chips, Baked Beans or Salad Chilli Beef Tacos Veggie Tacos With Spicy Rice & Coleslaw |
| Gluten Free: | GF Burger & chips available – please ask | GF Burger & Chips available – please ask | GF Burger & Chips available – please ask |
| Light Bites: | Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo Sandwiches with a range of fillings | Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo Sandwiches with a range of fillings | Jacket Potato with Cheese or Baked Beans or Spaghetti Hoops or Tuna Mayo Sandwiches with a range of fillings |
| Desserts: | Chocolate Orange Cookie Strawberry Muffin Jam & Coconut Sponge & Custard Fresh Fruit | Apricot Oat Cookie Chocolate Brownie Sticky Apple Sponge & Custard Fresh Fruit | Cookie Carrot Cake Muffin Apple & Cinnamon Crumble Custard Fresh Fruit |

| TUESDAY | Lunch Menu | | |  |
|------------------------------|---|---|---|--|
| Week: | Week 1 (17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct) | Week 2 (24 April, 15 May, 12 June, 3 July, 4 Sept, 25 Sept, 16 Oct) | Week 3 () | |
| Morning Break: | Buttered Toast or Fruit | | Buttered Toast or Fruit | |
| Hot Meals: | Cottage Pie Quorn Cottage Pie ✓ With Seasonal Vegetables Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico ✓ or Tangy Tomato ✓ | Chicken Enchiladas Quorn Enchiladas ✓ Served with: Potato Wedges, Coleslaw & Salad Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico ✓ or Tangy Tomato ✓ | Chicken & Mushroom Pie With Creamed Potato & Seasonal Vegetables Pasta with Chicken in Tomato Sauce or Meatballs or Spicy Sausage or Basilico ✓ or Tangy Tomato ✓ | |
| Gluten Free: | All Veggie Pasta Sauces Chicken & Tomato Sauce GF Pasta is available on request | | All Veggie Pasta Sauces Chicken & Tomato Sauce GF Pasta is available on request | |
| Light Bites: | Panini with <ul style="list-style-type: none"> • Ham & Cheese • Tuna & Cheese • Chicken Tikka • Cheese ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops | Panini with <ul style="list-style-type: none"> • Ham & Cheese • Tuna & Cheese • Chicken Tikka • Cheese ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops | Panini with <ul style="list-style-type: none"> • Ham & Cheese • Tuna & Cheese • Chicken Tikka • Cheese ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops | |
| 24/03/23 Desserts: | Raisin & Oat Cookie Chocolate Crunch Cornflake Tart & Custard Fresh Fruit | | Lemon Shortbread Slice Chocolate Cracknel Fruity Yoghurt Crunch Fresh Fruit | |
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| WEDNESDAY | Lunch Menu | | |
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| Week: | Week 1 (17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct) | Week B (7 Sep, 28 Sep, 19 Oct) | Week 3 (1 May, 22 May, 19 June, 10 July, 11 Sept, 2 nd Oct) |
| Morning Break: | Buttered Toast or Fruit | Buttered Toast or Fruit | Buttered Toast or Fruit |
| Hot Meals: | Roast Chicken with Stuffing Crumb topped Veggie Bake ✓ Served with Creamed Potatoes, Seasonal Vegetables and Gravy | Roast Beef & Yorkshire Pudding or Baked Egg, Spinach & Cheese Tart ✓ With Stuffing, Creamed Potatoes, Vegetables & Gravy | Roast Turkey with Stuffing Roasted Quorn Fillet ✓ With Creamed Potatoes, Vegetables & Gravy |
| Gluten Free: | Roast Chicken, Vegetables | Roast Beef, Vegetables | Roast Turkey, Vegetables |
| Light Bites: | Wrap with <ul style="list-style-type: none">• Sweet Chilli Chicken• Quorn Dippers ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Wrap with <ul style="list-style-type: none">• Sweet Chilli Chicken• Quorn Dippers ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Wrap with <ul style="list-style-type: none">• Sweet Chilli Chicken• Quorn Dippers ✓ Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings |
| Desserts: | Shortbread Slice Lemon Muffin Summer Fruit Crumble & Custard Fresh Fruit | Cherry & Coconut Cookie Berry Muffin Syrup Sponge & Custard Fresh Fruit | Raisin Oat Cookie Chocolate Cracknel Berry Shortbread Sandwich Fresh Fruit |



| THURSDAY | Lunch Menu | | |
|----------------|---|--|--|
| Week: | Week 1 (17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct) | Week 2 (24 April, 15 May, 12 June, 3 July, 4 Sept, 25 Sept, 16 Oct) | Week C (1 May, 22 May, 19 June, 10 July, 11 Sept, 2 Oct) |
| Morning Break: | Buttered Toast or Fruit | Buttered Toast or Fruit | Buttered Toast or Fruit |
| Hot Meals: | Curry <ul style="list-style-type: none">• Chicken Korma or• Chicken Tikka or• Tomato & Chick Pea curry V with Rice, Vegetables & Naan Bread Tuna Pasta Bake Tomato and Basil Pasta V | Big Breakfast or Veggie Big Breakfast V With Hash Browns, Baked Beans, Tomatoes Tuna Pasta Bake Tomato and Basil Pasta V | Pizza <ul style="list-style-type: none">• Ham & Cheese• Margherita• Pepperoni With Baked Beans & Sweetcorn GF pizza is available Tuna Pasta Bake Tomato and Basil Pasta V |
| Gluten Free: | All the Curries, Vegetables, Rice | Bacon, GF Sausage | GF Pizza |
| Light Bites: | Panini with filling <ul style="list-style-type: none">• Ham & Cheese• Tuna & Cheese• Chicken Tikka• Cheese V Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Panini with filling <ul style="list-style-type: none">• Ham & Cheese• Tuna & Cheese• Chicken Tikka• Cheese Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Panini with filling <ul style="list-style-type: none">• Ham & Cheese• Tuna & Cheese• Chicken Tikka• Cheese Jacket Potato with Cheese or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings |
| Desserts: | Cookie Banana Flapjack Berry Sponge & Custard Fresh Fruit | Cookie Cornflake Bar Chocolate Pear Cake Fresh Fruit | Shortbread Slice Banana Muffin Sticky Chocolate Sponge Fresh Fruit |



| FRIDAY | Lunch Menu | | |
|----------------|---|---|--|
| Week: | Week 1 (17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct) | Week 2 (24 April, 15 May, 12 June, 3 July, 4 Sept, 25 Sept, 16 Oct) | Week 3 (1 May, 22 May, 19 June, 10 July, 11 Sept, 2 Oct) |
| Morning Break: | Buttered Toast or Fruit | Buttered Toast or Fruit | Buttered Toast or Fruit |
| Hot Meals: | Breaded Fish or Salmon Fishcakes Quorn Dippers With Chips, Peas, Carrots Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll | Breaded Fish or Salmon Fishcakes Quorn Dippers V With Chips, Peas, Carrots Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll | Breaded Fish Salmon Fishcakes With Chips, Peas, Carrots Sausage Roll Cheese & Onion Slice V Steak Slice Vegan Sausage Roll V |
| Gluten Free: | Sausages & Chips are available | Sausages & Chips are available | Sausages & Chips are available |
| Light Bites: | Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings | Jacket Potato with Cheese V or Baked Beans or Tuna Mayo or Spaghetti Hoops Sandwiches with a range of fillings |
| Desserts: | Cornflake Cookie Chocolate Cracknel Rhubarb Cobbler & Custard Fresh Fruit | Chocolate Cookie Flapjack Lemon Sponge & Custard Fresh Fruit | Cherry Cookie Chocolate Brownie Peaches & Ice Cream |