

MAINS - Allergens

Baguettes : Wheat

Baked Beans : No known allergens

BBQ Chicken : No known allergens

Beef Burgers : No known allergens

Breaded Fish : Wheat, Milk, Fish

Bolognaise : Milk, Wheat

Cheese and Onion Flan : Wheat, Eggs, Milk

Cheese and Onion Quiche : Wheat, Eggs, Milk

Chicken Burger : Wheat

Chicken and Mushroom pie : Wheat, Milk

Chicken Korma : Milk, Coconut

Chicken Sweet and Sour : No known Allergens

Chicken Tikka Masala : Milk

Chilli Chicken : may have traces of Egg.

Coleslaw : Egg

Garlic Bread : Gluten, Milk

Gluten Free Pasta : No Known allergens

Gluten Free Sausages : No known allergens

Lasagne : Wheat, Milk, may have traces of Egg, Soya,

Macaroni Cheese : Wheat, Milk, Mustard, may have traces of Egg

Meat and Potato pie : Wheat, Milk, Soya

Naan Bread : Wheat, Milk

Pasta : Wheat

Poppadom's : No known allergens

Pork and Apple Burger : Wheat

Quorn Bolognaise : Wheat, Eggs, Milk, Soya

Quorn Dippers : Wheat, Egg Milk

Quorn Sausages : Wheat, Egg

Quorn Shepherd's Pie : Gluten, Egg, Milk

Red Pepper and Lentil Flan : Wheat, Eggs, Milk

Rice: No known allergens

Pies and Sausage rolls : Wheat, Milk

Pizza's : Wheat, Milk

Pork Sausages : Wheat

Spaghetti Hoops : Gluten may milk

Shepherd's Pie : Milk, Wheat, may have traces of Soya

Stuffing : Wheat

Sweet and Sour Vegetables : No known Allergens

Tomato and Basil Pasta Bake : Milk, Rapeseed Oil, Wheat

Tortilla Wraps : Wheat

Tuna Pasta Bake : Tuna, Wheat, Milk

Vegetable Balti : No known allergens

Vegetable Burger : Wheat, Milk, Mustard

Vegetable Lasagne : Milk, Wheat, may have traces of Egg

Yorkshire Puddings : Wheat, Milk, Egg