

# VEGETABLE BURGERS

## Product Details

### Nutritional Analysis

Energy	726.00 kJ per 100g	Fat	8.50 g per 100g
Energy	173.52 kcal per 100g	... of which saturates	1.10 g per 100g
Protein	2.80 g per 100g	..... monounsaturates	0.00 g per 100g
Carbohydrates	21.30 g per 100g	..... polyunsaturates	0.00 g per 100g
... of which sugars	4.00 g per 100g	Fibre	1.80 g per 100g
		Salt	1.20 g per 100g

**Contains : Gluten (Wheat), Mustard.**

Suitable for Vegetarian diets.

### Ingredients

Vegetables in varying proportions (39%) (Carrot, Broccoli, Cauliflower, Sweetcorn, Green Beans, Onions, Peppers (Red, Green)), Water, Potatoes, Vegetable Oil (Sunflower, Rapeseed), Dehydrated Potato, Breadcrumbs (11%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Salt, Dextrose), Sunflower Oil, Batter (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Potato Starch, Modified WHEAT Starch, Salt, Cocoa Butter), Salt, Maltodextrin, Pepper, Yeast Extract, **MUSTARD** Flour, Onion Powder, Rapeseed Oil, Citric Acid.

# PORK & APPLE BURGERS

### Nutritional analysis

Energy	953kJ per 100g	Fat	15.6g per 100g
Energy	229kcal per 100g	...of which saturates	5.4g per 100g
Protein	17.5g per 100g		
Carbohydrates	5.4g per 100g		
... of which sugars	2.9g per 100g	Fibre	0g
		Salt	1.58g

**Contains : Wheat, Sulphite, Soya**

Ingredients – Rusk (**WHEAT**), Dried apple (**SULPHITE**), **WHEAT** flour (with calcium, iron, niacin, thiamine), Salt, Dried onion (**SULPHITE**), Yeast extract (**SULPHITE**), Sugar, Herbs, Preservative E221 (**SULPHITE**), Stabilisers (diphosphate E450), Acidity regulator (Citric acid), Hydrolysed vegetable protein (**SOYA**), Antioxidants (ascorbic acid E301), Flavouring (**SOYA**), Spice extracts, Herb extracts, Colours E150d, carmine)

# CHICKEN BURGERS

## Nutritional Analysis

Energy	708.00 kJ per 100g	Fat	7.60 g per 100g
Energy	169.22 kcal per 100g	... of which saturates	3.30 g per 100g
Protein	17.40 g per 100g	..... monounsaturates	0.00 g per 100g
Carbohydrates	8.60 g per 100g	..... polyunsaturates	0.00 g per 100g
... of which sugars	0.30 g per 100g	Fibre	1.70 g per 100g
		Salt	0.69 g per 100g

**Contains : **Gluten (Wheat), Soya.****

## Ingredients

Chicken Breast (76%), Water, **WHEAT** Flour, Modified Tapioca Starch, Salt, Sugar, Tapioca Starch, Non-hydrogenated Palm Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, **SOYBEAN** Oil (**SOYA**), Emulsifier (Diacetyltartaric Acid), Spices (Garlic, Pepper), Dextrose.

# BEEF BURGERS

## Nutritional analysis

Energy	978kJ per 100g	Fat	17.3g per 100g
Energy	235kcal per 100g	... of which saturates	7.3g per 100g
Protein	10.0g per 100g		
Carbohydrates	9.9g		
... of which sugars	0.9g	Fibre	0g
		Salt	0.7g

**Contains no allergens**

**Ingredients – Beef (99.5%), Salt.**

## BREAD FOR ALL BURGERS

### Nutritional analysis

Energy	1130 per 100g	Fat	4.3g per 100g
Energy	283 per 100g	...of which saturates	1.6g per 100g
Protein	7.5g per 100g		
Carbohydrates	52.6g per 100g		
... of which sugars	2.0g per 100g	Fibre	0g
		Salt	1.03g per 100g

– **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), Water, Vegetable oils (palm oil, palm stearin, rapeseed oil), Yeast, Salt, Emulsifiers (E481, E471, E472e), Dextrose, Flour treatment agent (E300).

## CHICKEN WRAPS

### TORTILLA WRAPS

#### Nutritional Analysis

Energy	1257.00 kJ per 100g	Fat	5.50 g per 100g
Energy	300.43 kcal per 100g	... of which saturates	0.70 g per 100g
Protein	6.90 g per 100g	..... monounsaturates	2.60 g per 100g
Carbohydrates	53.00 g per 100g	..... polyunsaturates	1.60 g per 100g
... of which sugars	3.00 g per 100g	Fibre	4.00 g per 100g
		Salt	1.50 g per 100g

**Contains : **Gluten (Wheat).****

Suitable for Vegetarian and Vegan diets.

#### Ingredients

WHEAT flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, WHEAT fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282).

### Chicken

### Nutritional Analysis

Energy	833.00 kJ per 100g	Fat	10.00 g per 100g
Energy	199.09 kcal per 100g	... of which saturates	3.80 g per 100g
Protein	17.00 g per 100g	..... monounsaturates	0.00 g per 100g
Carbohydrates	10.00 g per 100g	..... polyunsaturates	0.00 g per 100g
... of which sugars	1.30 g per 100g	Fibre	0.00 g per 100g
		Salt	1.10 g per 100g

**Contains : Gluten (Wheat), Milk, Soya.**

**May Contain : Celery, Eggs, Mustard, Sulphites.**

### Ingredients

Chicken breast fillet 67%, **WHEAT** flour, water, palm oil, modified starch, salt, sugar, starch, mixed herbs & spices, hydrolyzed **SOY** protein, glucose syrup, acid (sodium acetates), **SOYbean** oil, colour (paprika extract), **MILK** protein, natural flavouring, thickener (guar gum), spices extract

## QUORN WRAPS

### TORTILLA WRAPS

### Nutritional Analysis

Energy	1257.00 kJ per 100g	Fat	5.50 g per 100g
Energy	300.43 kcal per 100g	... of which saturates	0.70 g per 100g
Protein	6.90 g per 100g	..... monounsaturates	2.60 g per 100g
Carbohydrates	53.00 g per 100g	..... polyunsaturates	1.60 g per 100g
... of which sugars	3.00 g per 100g	Fibre	4.00 g per 100g
		Salt	1.50 g per 100g

**Contains : Gluten (Wheat).**

Suitable for Vegetarian and Vegan diets.

### Ingredients

WHEAT flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, WHEAT fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282).

### QUORN DIPPERS

### Nutritional Analysis

Energy	847.00 kJ per 100g	Fat	11.00 g per 100g
Energy	202.44 kcal per 100g	... of which saturates	2.00 g per 100g
Protein	12.00 g per 100g	..... monounsaturates	0.00 g per 100g
Carbohydrates	12.00 g per 100g	..... polyunsaturates	0.00 g per 100g
... of which sugars	2.00 g per 100g	Fibre	4.00 g per 100g
		Salt	0.80 g per 100g

**Contains : Gluten (Wheat), Milk, Eggs.**

Suitable for Vegetarian diets.

### Ingredients

Mycoprotein (56%), Water, Sunflower Oil, **WHEAT** Flour (contains added Calcium, Iron, Niacin & Thiamine), Rehydrated Free Range **EGG** White, Maize Flour, **WHEAT** Starch, **MILK** Proteins, Natural Flavouring, Dextrose, Firming Agents: Calcium Chloride, Calcium Acetate. Raising Agents: Trisodium Diphosphate, Sodium Carbonate. Turmeric Extract, Gelling Agent: Pectin.

### SWEET CHILLI SAUCE

### Nutritional Analysis

Energy	1027.00 kJ per 100g	Fat	0.00 g per 100g
Energy	245.46 kcal per 100g	... of which saturates	0.00 g per 100g
Protein	0.50 g per 100g	..... monounsaturates	0.00 g per 100g
Carbohydrates	59.00 g per 100g	..... polyunsaturates	0.00 g per 100g
... of which sugars	49.00 g per 100g	Fibre	1.00 g per 100g
		Salt	2.80 g per 100g

**May Contain : Peanuts, Sesame, Nuts (Almond, Hazelnut, Walnut, Cashew, Pecan, Brazil, Pistachio, Macadamia, Queensl).**

Suitable for Vegetarian and Vegan diets.

### Product Details

### Ingredients

Water, Sugar, Red Chillies (18%), Minced Garlic (5%), Modified Tapioca Starch, Acid (Acetic Acid), Salt.

