

# COVID-19 absence: A quick guide for parents/carers



What if	Action	Return to school
<p><b>...my child has COVID-19 symptoms*</b></p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results by emailing <a href="mailto:covidcase@ladymanners.derbyshire.sch.uk">covidcase@ladymanners.derbyshire.sch.uk</a></li> </ul>	<p><b>...when child's test comes back negative and feels well enough to attend</b></p>
<p><b>...my child tests positive for COVID-19</b></p>	<ul style="list-style-type: none"> <li>• Inform school immediately by emailing <a href="mailto:covidcase@ladymanners.derbyshire.sch.uk">covidcase@ladymanners.derbyshire.sch.uk</a></li> <li>• Child should not attend school</li> <li>• Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<p><b>...when child feels better, and has been without a fever for at least 48 hours</b></p> <p>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
<p><b>...somebody in my household has COVID-19 symptoms</b></p>	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test result by emailing <a href="mailto:covidcase@ladymanners.derbyshire.sch.uk">covidcase@ladymanners.derbyshire.sch.uk</a></li> </ul>	<p><b>...when household member test is negative, and child does not have COVID-19 symptoms*</b></p>
<p><b>...somebody in my household has tested positive for COVID-19</b></p>	<ul style="list-style-type: none"> <li>• Inform school immediately by emailing <a href="mailto:covidcase@ladymanners.derbyshire.sch.uk">covidcase@ladymanners.derbyshire.sch.uk</a></li> <li>• Child should not attend school</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<p><b>...when child has completed 14 days of self-isolation, even if they test negative during the 14 days</b></p>

What if	Action	Return to school
<b>...NHS Test and Trace has identified my child as a 'close contact' of somebody with confirmed COVID-19</b>	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Child self-isolates for 14 days (as advised by NHS Test and Trace)</li> <li>• If child has no symptoms, a test is not advised</li> <li>• Rest of household does not need to self isolate, unless they have also been identified as a 'close contact' of someone with a positive result</li> </ul>	<b>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</b>
<b>...we are planning to travel abroad</b>	<ul style="list-style-type: none"> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel and the impact on your child's education if you are asked to quarantine on your return</li> </ul>	
<b>...we / my child has travelled and has to self isolate as part of a period of quarantine</b>	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Whole household self-isolates for 14 days – even if they test negative during those 14 days</li> </ul>	<b>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</b>

A household includes everyone living in one home plus their support bubble (if you have one)

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

If you or your household have a positive case, email [covidcase@ladymanners.derbyshire.sch.uk](mailto:covidcase@ladymanners.derbyshire.sch.uk) any day, any time and someone from school will be in touch within 12 hours.